



Summer Menu for the Week 1

<i>Week 1</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Breakfast Water and Milk	Beans on toast	Variety of cereal	Toast and boiled egg	Oats porridge	Variety of Cereals
AM Snack	Variety of fruits	Variety of fruits	Variety of fruits	Variety of fruits	Variety of fruits
Lunch Water and Milk	Turkey Ragu And Jacket Potato	Vegetable And Bean Cottage	Beef Lasagne	Vegetable And Bean Burger, Mashed Potato and Peas and Sweetcorn	Tomato And Basil Chicken Served with Broccoli
Vegetarian	Vegetable Ragu And Jacket Potato	Vegetable And Bean Cottage	vegetable Lasagne	Vegetable And Bean Burger, Mashed Potato And Peas	Red Pepper And Basil Vegetables Served With Broccoli
Desserts	Low Fat Fruit Yoghurt	Lemon Sponge	Ice Cream And Wafer	Apricot Flapjack	Raspberry Mousse
Tea Water and milk	Chicken sandwich	Beans on Toast	Toasted Crumpets with Jam	Vegetable couscous	savory omelet with English Muffin
Vegetarian options, if required					
PM Snack Variety of fruits/ Water and Milk	Bread sticks and raisins	Crackers	Oatie cake / Corn cake	Rice cake	Biscuits
Children's Choice / requests					

*Fruit, water and milk will be accessible to children throughout the day and at all meals and snacks. Age-appropriate substitute food will be accessible to children when necessary.



Summer Menu for the Week 2



<i>Week 2</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Breakfast Water and Milk	Oat's porridge	Variety of Cereal	Beans on toast	Variety of cereal	Toast and boiled egg
AM Snack Variety of fruit	Variety of fruit	Variety of fruit	Variety of fruit	Variety of fruit	Variety of fruit
Lunch Water and Milk	Fishcakes, Potato Croquette, Baked Beans	BBQ Chicken and Med Vegetables with Rice	Cheesy Bean and Potato Pie	Turkey Bolognese Bake	Chicken Korma And Naan Bread
Vegetarian	Veggie Cake, Potato Croquettes, Baked Beans	BBQ Meat Free Chicken Style Strips and Med Veg with Rice	Cheesy Bean and Potato Pie	Meat Free Mince Bolognese Bake	Quorn Chicken Korma and Naan Bread
Desserts	Low Fat Rice Pudding with Fruit	Raspberry Mousse Cake	Poached Pears Served with Custard	Chocolate Brownie	Ice Cream Roll
Tea Water	Whole wheat bread with Scrambled Egg	Vegetables noodles	Spaghetti Hoops, Toast	Tomato soup and bread	Savory Omelets with English Muffin
Vegetarian options, if required					
PM Snack Variety of fruit/ Water and Milk	Breadsticks and Raisins	Biscuits	Bread sticks and Raisins	Fruit	Crackers
Children's Choice / requests					

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Summer Menu for the Week 3



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Water and Milk	Cereal	Beans on toast	Variety of cereal	Toast and boiled egg	Oats porridge
AM Snack	Variety of fruit	Variety of fruit	Variety of fruit	Variety of fruit	Variety of fruit
Lunch Water and Milk	Five Bean Sweet Chilli with Pitta Bread	Slow Cooked Lamb and Vegetables Served with Mashed Potato	Sweet And Sour Chicken with Rice	Chicken Goujons with Spaghetti and Potato Wedges	Tuna Pasta Bake
Vegetarian options, if required	Five Bean Sweet Chilli with Pitta Bread	Slow Cooked Veg & Beans with Mashed Potato	Sweet And Sour Chicken Style Strips with Rice	Vegetable Nuggets, Spaghetti & Mashed Potato	Quorn Pasta Bake
Desserts	Ice Cream Pot	Pineapple Sponge Cake	White Chocolate and Mixed Fruit Crispier Cake	Strawberry Crumble and Custard	Fruit Smoothie
Tea Water	Tuna Wraps with Lettuce and Sweet corn	Vegetable couscous	Spaghetti hoops with toast	Noodles with vegetables	Lentil curry with warm pitta bread
Vegetarian options, if required	Quorn chicken				
PM Snack Variety of fruit / Water and Milk	Cracker	Bread sticks and raisins	Crackers	Biscuits	Fruit
Children's Choice / requests					

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