

Week 1 Menu



<i>Week 1</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Breakfast Water and Milk	Beans on toast	Variety of cereal	Toast and boiled egg	Oats porridge	Variety of Cereals
AM Snack	Variety of fruits	Variety of fruits	Variety of fruits	Variety of fruits	Variety of fruits
Lunch Water and Milk	Vegetable pasta	Chicken and vegetable curry with rice	Spaghetti Bolognaise with Vegetables and Garlic Bread	Chicken burger with homemade tomato sauce, potato wedges and garden peas	Mince Hotpot with Vegetables
<i>Vegetarian options, if required</i>				Quorn/ bean burger	Quorn sausage
Pudding	Fromage Frais	Fruit smoothie	Carrot cake and Custard	Angel's Delight	Yogurt
Tea Water and milk	Fish cake and baked bean	Chicken Sandwich	Toasted Crumpets with Jam	Beans On Toast	savoury omelet with English Muffin
<i>Vegetarian options, if required</i>					
PM Snack	Bread sticks and raisins	Crackers	Pancakes	Rice cake	Biscuits
Variety of fruits					
Children's Choice / requests					

*Fruit, water and milk will be accessible to children throughout the day and at all meals and snacks. Age-appropriate substitute food will be accessible to children when necessary.

Week 2 Menu



<i>Week 2</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Breakfast Water and Milk	Oats porridge	Variety of Cereal	Beans on toast	Variety of cereal	Toast and boiled egg
AM Snack	Variety of fruit	Variety of fruit	Variety of fruit	Variety of fruit	Variety of fruit
Lunch Water and Milk	Stuffed Red Pepper with Chicken, Courgette Tomato and Couscous	Chicken stir fry with vegetable and rice	Jacket potato with tuna sweetcorn	Special fried rice with vegetable	Rice and beef curry
Vegetarian options, if required		Quorn chicken		Quorn chicken	Quorn burger
Pudding	Peaches and Cream	Apple Strudel with custard	Natural yoghurt and fruit	Fromage Frias	Jelly and FruitB
Tea Water and milk	Pitta Bread Scrambled Egg	Fish Pie with Vegetables	Fish Fingers and Spaghetti Hoops	Potato waffles with Baked beans	Savoury Omelette with English Muffin
Vegetarian options, if required					
PM Snack Variety of fruit	Breadsticks and Raisins	Biscuits	Bread sticks and Raisins	Fruit	Crackers
Children's Choice / requests					

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Week 3 Menu



<i>Week 3</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Breakfast Water and Milk	Cereal	Beans on toast	Variety of cereal	Toast and boiled egg	Oats porridge
AM Snack	Variety of fruit	Variety of fruit	Variety of fruit	Variety of fruit	Variety of fruit
Lunch Water and Milk	Chicken risotto with Peas	Chicken Hotpot	Cous-cous with beef and vegetable casserole	Steamed fish and broccoli curry with Rice	Potato wedges and Chicken sausage served with gravy and Vegetables
Vegetarian options, if required					Quorn Sausage
Pudding	Fromage Frais	Jelly and Fresh Fruit	Yoghurt	Fruit Crumble with Custard	Mixed Berries and crème fraiche
Tea Water and milk	Tuna Wraps with Lettuce and Sweet corn	Tomato soup and bread	Spaghetti and meat balls	Cottage pie	Lentil curry with warm pitta bread
Vegetarian options, if required	Quorn chicken		Quorn chicken	Quorn mice	
PM Snack	Cracker	Bread sticks and raisins	Crackers	Biscuits	Fruit
Variety of fruit					
Children's Choice / requests					

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Week 4 Menu



<i>Week 4</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Breakfast Water and Milk	Beans on toast	Variety of cereal	Toast and boiled egg	Oats porridge	Cereal
AM Snack	Variety of fruit	Variety of fruit	Variety of fruit	Variety of fruit	Variety of fruit
Lunch Water and Milk	Beef and vegetable pasta bake	Special fried rice	Chicken and sweetcorn pasta bake	Spaghetti bolognaise with celery/ carrot sticks	Jollof Rice with Vegetable Salad
Vegetarian options, if required		Quorn chicken		Quorn mince	
 pudding	Yoghurt and fruit slices	Berries and Natural Yogurt	Fruit smoothie	Rice pudding and sultanas	Fromage frais
Tea Water and milk	Warm pitta bread with scrambled egg	Vegetable noodles	Pizza	Potato Waffle with baked beans	Chicken Wraps and peppers
Vegetarian options, if required				Quorn sausage	
PM Snack Variety of fruit	Crackers	Fruit	Biscuits	Bread sticks and raisins	Fruit
Children's Choice / requests					

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